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WHEREAS: Men continue to live an average of five fewer years than women, despite advances in medical

technology and research; and

WHEREAS: Native American and African American men have the shortest life expectancies in the United

States: and

WHEREAS: Educating the public about the importance of healthy lifestyle choices and the early detection of

male health problems will reduce rates of mortality from disease; and

WHEREAS: Men who understand and appreciate preventative care can prolong their lives and their role as

productive family members; and

WHEREAS: Fathers who maintain a healthy lifestyle are role models for their children and have happier,

healthier children; and

WHEREAS: The Men's Health Network has developed a men's health awareness campaign to help educate

men, boys, and their families about the importance of positive health attitudes and preventative

health practices; and

WHEREAS: The Men's Health Month website—www.MensHealthMonth.org—features resources,

proclamations, and information about awareness events and activities, including Wear Blue for

Men's Health; and

WHEREAS: Minnesota Men's Health Month will focus on a broad range of men's health issues, including heart

disease; mental health; diabetes; and prostate, testicular, and colon cancer; and

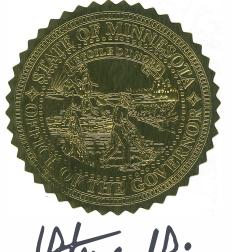
WHEREAS: Minnesotans are encouraged to increase awareness of the importance of a healthy lifestyle, regular

exercise, and medical check-ups.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim the month of June 2018, as:

MEN'S HEALTH MONTH

in the State of Minnesota.



SECRETARY OF STATE

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 20th day of May.